

valueand absolute purity.

Chocolate and cocoa add flavor and energy giving material to a diet and their use will help in many ways in the preparation of palatable, nourishing dishes from those foods of which there is an abundance."

Booklet of Choice Recipes Sent Free.

WALTER BAKER & CO. Limited DORCHESTER - MASS. Established 1780

WE SHOULD GIVE TO LIMIT. Because Our Fighters Have Given Up All To Make World Safe.

As our fighters have given up all to make the world safe for us, so should we give to the limit to help them win the

"In his little book, 'Out to Win,' which every American ought to read, Coningsby Dawson makes this statement:

"In all belligerent countries there are two armies fighting—the military and national relations and those of her colo the civilian. Either can let the other nies from London. Yet Australia's vendown. If the civilian army loses its ture has been approved by the British piorale, its vision, its usefulness, it as government and Henry Y. Braddon, apsure v betrays its soldiers as if it joined pointed to the newly created office, forces with the Huns.'

army of the United States we are asked American trade after the war and to neto show our loyalty by giving to the gotiate for an interchange of credits to United War Work campaign. What we finance it and shipping to carry it. do will be known to our boys over there what we give will either hearten or discourage them.

Let us give, therefore, as nobly as they have fought. They have offered all: tal. He frankly predicts that Australia we must offer what we can. Victory al-

make that victory complete."

Cheerful.

by far the laziest mortal in these parts, meat—and as the leading source of supan' yet I don't see how we could hardly get along without Sam. He stopped in on his way to town last night. "How's things, Sam?" I asked. "Oh, they're livery from Pacific coast shipyards of Present Day Desserts. bad," he says, "but they might be wuss. fourteen cargo vessels ordered by his Samanthy had the toothache all night government, and which will form the long, and liked to kick the stuffin' out nucleus of the Australian-American car-'me, an' Jim stepped on the baby's rying trade. fingers this mornin' when he run to put fingers this mornin' when he run to put owing to his overwhelming interest in the fire out back of the kitchen stove, and the war-he has three sons with his Pete like to broke his leg when he fell country's 400,000 men in the British out of the hay mow right square on top army-Mr. Braddon would have found it of the new calf. I feel kinda bad about difficult, he declared on arriving here, the calf 'cause I wus goin' to give her to devote himself to a peace time project Sam Junior. But Sam won't need her but for his firm belief that much munow. He just got word this mornin' to toal good can come of better acquaint go to Camp Custer. It's goin' to leave ance between Australia and "the states," me pretty nigh strapped for help, thout as America is universally known in the married yesterday and has gone to live announced, a plan to set up as a branch on his wife's farm. But I'll manage some- of his commission a bureau to furnish how. I allus do. Well, Peter, I must go the American press with the "high long and fetch the doctor. We're half spots" of Australian news. worried to death over Susan, who's got a fever. We're afeared she's comin' down with the typhoid. The people across the road had it, you know. Great weather, hey, Peter? The Lord's goin' to be good to us farmers this year, I guess."-Michican Business Farming.



ment and the state of the state ictures of Home Folk

> carry warmth and comfort to the heart of a soldier.

Make an appointment to-day.

The R. Cantu Art Photo Studio Worthen Block, Main Street, Barre, Vt. Heilitell

CREWS MUTINY People Notice It. Drive Them Off with Dr. Edwards' Olive Tablets

Entire Fleet at Pola Taken, as Well as the Ships of Other Nationalities

WILL ONLY OBEY NATIONAL COUNCILS

Austria Has Been Rendered Practically Impotent on the Sea

London, Nov. 2.-Members of the crews of the entire Austrian fleet at Pola have mutinied, seized all the ships of various nationalities and declared they will obey only their representative national councils, according to a Budapest dispatch to the Vossische Zeitung of Berlin.

AUSTRALIA ENTERS BUSINESS DIPLOMACY

An Envoy Has Come from the Island Country to the United States for the First Time to Cement Commercial Relations.

New York, Nov. 2.—Australia has entered the field of business diplomacy. From the island continent at the bottom of the world has come for the first time in history an envoy to the United States, to work for the strengthening of the commercial, financial and political good will prevailing between the two coun-

Under a policy similar to that developed by the American government in ante-bellum days termed in a apt phrase "dollar diplomacy"— the Australian commonwealth has given official support to the ambitions of its agricultural, industrial and mercantile interests for international trade expansion.

Recent arrival here of an Australian for them. commissioner has called attention to a new department in governmental action within the British empire. The mother country hitherto has directed her intervested with full authority to lay the "As members of the great civilian foundations for a great Australianfinance it and shipping to carry it.

Because his mission is one of business rather than diplomacy, Mr. Braddon has established headquarters in this city, the nation's financial and commercial capiwith 50,000 of her sons killed in battle ready is in sight. We must help to and 100,000 others on the casualty lists, will want no dealings with Germany. His chief job, then, as he sees it, is to encourage America to take Germany's place as the principal buyer of Austral-I like cheerful folks. Sam Smalley is ian primary products-wool, wheat and

The hired man, you know, got antipodes. With this object in view, he

WHISKEY PRICES DOWN.

Imminence of Prohibition and Higher Taxes Cause Tendency.

Louisville, Ky., Nov. 2.-After eighteen months of extreeme uncertainty in the whiskey market, the price of bonded goods to-day in Kentucky, the largest straight whiskey producing state in America, is 95 cents to \$1.15 a gallon.

The imminence of complete prohibi-tion, coupled with the belief that higher taxes may cause a marked decease in consumption, is expected by large operators to keep prices at a low level. A few dealers, however, believe the ap proach of prohibition will stimulate deman'd and bring higher prices.

The sudden, sweeping market changes have kept operators in a turmoil. year and a half ago many of them would to liquidate their holdings. Then prices rose and on paper some of the holders were millionaires.

The order stopping production for bev erage-purposes sent prices upward until whiskies approached \$3 a galon in bond. Owners counted gains in big figures, and many held on for higher The cautious ones unloaded at the peak, however.

Then came the certainty of prohibition els of to-day.

There are between thirty and forty millions of gallons of whiskey available been paid. The present tax on whiskey paste if desired. is \$3,20 a proof gallon. Dealers said they expected the new \$8,000,000,000 revenue bill to provide a tax of at least double and probably treble the present

"Watch the Weather Forecast." Shippers of food and other products liable to injury from freezing are urged to watch the daily forecasts, issued by weather bureau station during the winter in cities and towns of considerable size, of minimum temperatures expected to occur within a shipping radius of one day or two days of the station. These forecasts may be had by telephoning or telegraphing the weather bureau office, or arrangements may be made in advance to have them sent as desired. When freezing temperatures are forecast, shipments may be given adequate protection or delayed until conditions change, or if they are en route orders may be telegraphed to have them placed in shelter. Experience of large produce shipping firms, as given in their voluntary testimory, is that as a result of careful attention to these forecasts their losses from freezing

AUSTRIAN FLEET PIMPLY? WELL, DON'T BE! ALLIES WERE FED SPANISH BY OUR SAVINGS

A pimply face will not embarrass you During the Past Year the much longer if you get a package of Dr. Edwards' Olive Tablets. The skin should United States Shipped 141,begin to clear after you have taken the tablets a few nights 000,000 Bushels of Wheat

AND 844,000,000

POUNDS OF MEAT

Food Administrator Hoover

Reports the Results to

Pres. Wilson

people have met the food crisis abroad.

ter to President Wilson, explains how

the situation was met. The voluntary

conservation program fostered by the

Food Administration enabled the piling

up of the millions of bushels of wheat

during 1917-18 and the shipment of

The total value of all food ship-

ments to Allied destinations an Junted

with the Food Administration. These

figures are all based on official reports

and represent food exports for the

harvest year that closed June 30, 1918.

tinations were as follows:

our farmers.

pre-war period.

000 bushels.

The shipments of meats and fats

Our slaughterable animals at the be-

ginning of the last fiscal year were not

appreciably larger than the year be-

fore and particularly in hogs; they

were probably less. The increase in

shipments is due to conservation and

the extra weight of animals added by

The full effect of these efforts began

to bear their best results in the last

half of the fiscal year, when the ex-

ports to the Allies were 2,133,160,000

pounds, as against 1,266,500,000 pounds

in the same period of the year before,

This compares with an average of

801,000,000 pounds of total exports for

the same half years in the three-year

In cereals and cereal products re-

duced to terms of cereal bushels our shipments to Allied destinations have

Fiscal year 1916-17. . 259,900,000 bushels

Fiscal year 1917-18..340,800,000 bushels

Increase 80,900,000 bushels

Of these cereals our shipments of

000 hushels, or a total of 154,900,000

bushels of prime breadstuffs. In ad-

10,000,000 bushels to neutrals depend-

"This accomplishment of our people

in this matter stands out even more

clearly if we bear in mind that we had

available in the fiscal year 1916-17

trenching on our home loaf," Mr.

Hoover said. "This last year, however,

owing to the large failure of the 1917

wheat crop, we had available from net

carry-over and production and imports

only just about our normal consump-

tion. Therefore our wheat shipments

to Allied destinations represent ap-

only temporary periods of hardship.

nant part of the American women."

FOOD . WILL WIN

WAR

THE

wheat bread.

some imports from other quarters.

meat during 1917-18.

Food Administrator Hoover, in a let-

Cleanse the blood, the bowels and the liver with Dr. Edwards' Olive Tablets, the successful substitute for calomel; there's never any sickness or pain after taking them. Dr. Edwards' Olive Tablets do that which calomel does, and just as effectively, but their action is gentle and safe instead of severe and irritating.

No one who takes Olive Tablets is ever cursed with "a dark brown taste" a bad breath, a dull, listless, "no good" feeling, constipation, torpid liver, bad disposition or pimply face.

disposition or pimply face.

Dr. Edwards' Olive Tablets are a purely vegetable compound mixed with clive oil; you will know them by their clive color.

Dr. Edwards spent years among patients affiicted with liver and bowel complaints, and Olive Tablets are the impensely effective result.

immensely effective result.

Take one or two nightly for a week. See how much better you feel and look 10c and 25c per box. All druggists.

Topics of the Home and Household.

A woolen cloth wet with ammonia and rubbed briskly upon windows will remove any paint spots thereon.

The man who made peanwts popular in this country died recently. A half century ago he had to force the peanut on bought through or in collaboration market and break down popular prejudice against it. Peanuts are now easing to be an accessory food and are entering the ranks of meat savers because of their high protein and fat content. Peanuts are becoming one of the big southern crops because of the demand

Lime Water and Its Uses.

Place a piece of unslaked lime in a botle and fill with cold water. The quanty of lime used is immaterial, as the water will take up only a certain amount. Cork the bottle tightly and set it in the cellar or some gool, dry place; t will be ready to use in a few minutes se only the clear portion of the liquid. When this has been poured off, more water may be added to utilize the rest of

The uses of lime water are many. A easpoonful diluted with milk or water is reliable remedy for summer troubles in children. Milk that is just turning sour may be restored with lime water, half a teacup being allowed to a pint of milk. A small quantity of lime water will prevent the possible souring of cream or milk that may be needed for the next day. It will also sweeten and purify bottles that have contained milk; and it s sometimes used in bread sponge to prevent the bread becoming sour. Lime water may be bought very cheap at the

Present Day Desserts.

These recipes from the United States food administration are sugar saving and

Junket-3 cups milk, 34 cup light syrup or honey, I teaspoon vanilla, I junket tablet, I tablespoon cold water. Heat milk and syrup in a double boiler until lukewarm. Crush the junket tabet and dissolve it in cold water and add to milk. Add vanilla and stir thorough ly and quickly. Pour at once into glass serving dishes and let stand undisturbed until firm, then chill. Serve with fresh berries or grate nutmeg over surface and

Baked Indian Pudding-1 quart milk l cup corn meal, l teaspoon salt, ½ cup light syrup, ½ cup shredded cocoanut, ½ teaspoon mace or nutmeg, ¼ teaspoor oint. Add corn meal, stirring constant y. Cook 10 to 15 minutes. Add other agredients. Bake in an oiled pan in a noderately warm oven for 1 hour.

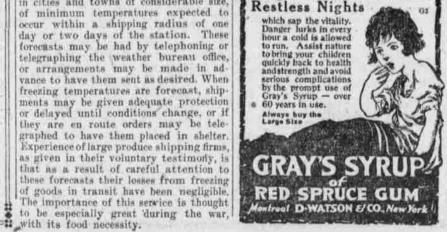
Chocolate Cornstarch Pudding-1 quar nilk, 2 eggs (may be omitted), 1 cur light syrup, 1-3 cup cornstarch, 1% ounces chocolate (melted), I teaspoon vailla. Heat milk in double boller. melted chocolate and syrup. Moisten cornstarch with a little cold milk and add to hot mixture. Stir constantly un til thick. Add slightly beaten eggs and vanilla; stir thoroughly, remove from heat. Turn into moulds and chill. If ggs are omitted cook a little longer t hicken. Omit chocolate if desired.

Plain Cake—% cup sugar, ½ cup light syrup, % cup fat, 2 eggs, % cup milk, 5 teaspoons baking powder, 1 teaspoon year and a half ago many of them would have been bankrupt had they been forced to liquidate their holdings. Then prices sugar and fat together until very light. Add unbeaten eggs and beat into syrup and fat mixture. Add milk and dry in gredients (which have been sifted togeth er). Bake in moderate oven. This makes two large loaves or 4 layers. Spices, fruits or chocolates may be used give added flavor.

Boiled Icing-2 egg whites, 1/2 cup light syrup, ¼ teaspoon extract, few grains salt. Heat syrup and allow to boil until for the duration of the war and that it spins a long, heavy thread (120 degreatly increase taxes must be paid, grees C. or 248 F.). Do not allow syrup Prices crashed and brought the low lev- to brown. Pour over the stiff egg whites beating constantly. Beat until creamy or of right consistency, and when cold spread over cake. As this filling does not for sale to-day on which the tax has harden, it may be served as marshmallov Dorothy Dexter.

> New Combination. The cat and the fiddle We'll not see again, For it's ukuklele And pomeranian Florida Times-Union.

Coughs and Colds Mean



RAGES IN U.S.

Thousands of Cases Reported With Many Deaths.

THOSE WHO ARE MOST SUSCEPTIBLE TO IT

"FRUIT-A-TIVES"-The Wonderful Fruit Medicine-Greatly Helps To Resist This Disease.

Conservation measures applied by the American people enabled the Unit-The epidemic of Spanish Influenza ed States to ship to the Allied peoples! which played such havoe in Europe. and to our own forces overseas 141,has reached this continent. Thou-000,000 bushels of wheat and 844,600. sands of cases of the strange malady have appeared and many deaths are 000 pounds of meat during the past already reported; Surgeon-General Blue of the United States Public year, valued in all at \$1,400,000,000. This was accomplished in the face of a Health Service having stated that "Spanish Influenza will probably spread all over the country in serious food shortage in this country. bespeaking the wholeheartedness and patriotism with which the American,

Practically every ship which touches our shores from abroad, brings those infected with the disease. Surgeon-General Blue urges that "the individual take all the precau-

tions he can against contracting the disease by care and personal hygiene". Plenty of exercise should be taken; the diet should be regulated. Spanish Influenza affects most to \$1,400,000,000, all this food being

soverely elderly persons and others whose powers of resistance are weakened by illness, work or worry, especially those who are "run-down" or "not feeling up to the mark." The really great danger from the disease is not so much in the disease

itself, as that it often develops into pneumonia.

(including meat products, dairy prod-What everyone needs now is a general tonic like "Fruit-a-tives". ucts, vegetable oils, etc.,) to Allied des-This wonderful fruit medicine is not Fiscal year 1916-17....2,166,500,000 lbs. a germ-killer. It is a body-builder; Fiscal year 1917-18....3,011,100,000 lbs. a strength-maker; a blood-purifier; a power in protecting against the ravages of disease. Increase 844,600,000 lbs.

"Fruit-a-tives" regulates the kidneys and bowels, causing these organs to eliminate waste regularly and naturally as nature intended. "Fruit-a-tives" keeps the skin active, and purifies and enriches the blood. "Fruit-a-tives" tones up and strengthens the organs of digestion, insuring food being properly digested and assimilated.

Everyone can take ordinary precautions, avoid prowded places, and use "Fruit-a-tives" regularly to insure sound digestion, to keep the bowels and kidneys regular and the whole system in the best possible condition. Then we are safe from

"Fruit-a-tives" is sold by dealers everywhere at 50c a box, 6 for \$2 50, trial size 25c or sent postpaid on receipt of price by FRUIT-A-TIVES Limited, OGDENSBURG, N. Y.

SUPPLIED BY A. L. A.

BOOKS FOR SOLDIERS

That Organization for Our Boys.

the prime breadstuffs in the fiscal year 1917-18 to Allied destinations were: Something like 13,500 pieces of sta-Wheat 131,000,000 bushels and of rve tionery are distributed daily among 13,900,000 bushels, a total of 144,900,-The exports to Allied destinations during the fiscal year 1916-17 were: Wheat 135,100,000 bushels and rye

4,000 enlisted men by Urtah B. Brubaker of Iola, Kas., as librarian at the Y. M. C. A. writing tent, Woodley Rest Camp of the American Expendi-2,300,000 bushels, a total of 137,400,000 tionary Forces in southern England. bushels. In addition some 10,000,000 bushels of 1917 wheat are now in port. The number of troops at this camp for Allied destinations or en route varies from 3,000 to 9,000. thereto. The total shipments to Allied This single detail indicates why it countries from our last harvest of

is necessary for the Y. M. C. A., Y. W. wheat will be therefore, about 141,000,- C. A., National Catholic War Council and K. of C., War Camp Community Service, Jewish Welfare Board and dition to this we have shipped some Salvation Army have to furnish 125,-000,000 sheets a month for soldiers' ent upon us, and we have received letters. Hundreds of books are taken out in

this small camp, books furnished by the American Library Association and handled by the Y. M. C. A. Most of the demands are for a good class of ficfrom net carry-over and as surplus tion. Thirty American newspapers are over our normal consumption about received there daily. One hundred and 200,000,000 bushels of wheat which we fifty magazines are in use daily and were able to export that year without 400 pieces of athletic equipment fur-

Hypnotizing the Judge

By GRACE WEATHERBY

Copyright, 1918, by McClure Newspaper Syndicate.)

"Til bet you a War Savings stamp

that I'll make that old crank of a judge pay for the curtains!" The excited voice of Merrie Crayton rose above the buzz in the wide hall of the Crayton home. Merrie, the only and well-beloved daughter of Colonel Crayton, was a beautiful girl of twenty summers, whose cheery manner and loving disposition endeared her in the hearts of the people of the little town of Deanville, and since babyhood her dignified given name of Margaret had been discarded for the more suitable one of Merrie. On this warm summer day a large party of young people were gathered in the hall of Merrie's home to discuss ways and means of providing a pair of curtains for the stage of the town hall. A little play was to be given soon for the benefit of the Red Cross, and a pair of curtains were absolutely necessary. How to get the money for them was the question which was troubling the minds of the young folks. Judge Graham was a very penurious man, who according to the small boys of the town, had "barrels and barrels of money hidden under the apple trees." Merrie's suggestion was to ask him to pay for the curtains. This suggestion was greeted with a laugh, and said to be highly impossible. Nothing was impossible, according to Merrie's rule in life, and so she determined to visit the judge and try her luck.

Stanley Morton, a splendid young man in the service, who had just returned from France, took up her bet. "I'll go you, Merrie!" he cried, "but I don't believe you can do it." "Just you wait and see, then," was the retort as Merrie caught up her wide garden hat and sped down the street to the judge's home.

In answer to her vigorous pull on the old-fashioned knocker the judge's one and only servant, Maria Jane Hammond, and very neat in her attire, opened the door.

In a short time the judge appeared. He was very much surprised to see directing the play to be given in the | be seen on all sides. town hall next week, and I have come

dazedly at her. Then his temper rose. "Young lady, I am very sorry I can-

not comply with your request. I have no money to spend for foolish nonsense!" Merrie smiled, absolutely un-disturbed. "It does sound foolish, doesn't it?" she said, "but really, it dismiss the company?" We have Y. M. C. A. goods for sale.'
"He said: 'Right now. Sergeant, dismiss the company?' is not, because it is for the benefit of the Red Cross. You know we sim-'nglish Camp Shows the Good Work of ply cannot change the scenes without a curtain, that would be too much!" She smiled so bewitchingly that the judge was forced to wipe his brow with his handkerchief, "Well-er-I -I can't be bothered with it, so there! and he stormed out of the library, leaving Merrie alone.

She sat very still in her chair and then half rose. "No, I won't be beaten in this way," she declared, and again resumed her seat. The judge came in for his glasses, which he had left on the table. He was utterly astonished to find his fair visitor still there. "Why-!" he stopped, helplessly, "I'm after the money for the curtain, you know, judge!" The poor man was baffled. He argued with her for a while, and then he, Judge Alexander R. Graham, silently and submissively took out his fat wallet and extracted from it three \$20 bills. "Is that enough?" he asked. "Yes, I believe so," Merrie answered, and stuffed the money into her bag. As she was escorted to the door, she turned to the judge. "Your bark is lots worse than your bite, judge," and she departed, leaving the man looking after her. At home the young people eagerly awaited nished by the "I" are put to good use. her return. She waved the bills aloft

triumphantly. She told them all about it, and peals of laughter greeted story, "Merrie Crayton, you are the limit," was the general verdict. Stanley was made to pay his bet, and he did it gracefully. He drew Merrie aside and whispered: "Dear child, you have a strange talent for extracting both money and hearts out of the men

you meet!" On the night of the play the town hall was crowded. Judge Graham, who was never known to attend any social affair, occupied a front seat. The new red curtains hung gracefully and were the cause of many comments from the audience. The play was a complete success, and the Red Cross was richer by several hundred dollars than before. On the way home Stanley asked Merrie the question, old yet ever new, and received a very satisfactory answer. The first to spy the ring on her left hand was old Judge Graham, now a frequent visitor at the Crayton home. To her he confided; "Merrie, my dear child, if I were younger, I think IN marry you myself!" "Oh, no, you wouldn't," Merrie laughed. "It would be too disastrous for your pocketbook." The judge's pocketbook was not so fat now, because more than once Merrie had made raids on it, and found the judge more easily managed than the first time she had hypnotized him.

SERVICE THAT WINS THE SOLDIER HEART

Fred Lockley, Y. M. C. A., Tells of the Gratitude of the Boys at the Front.

"One of the discoveries men are making over here," Fred Lockley, of the Y. M. C. A. and of Portland, Oregon, writes from London, "is that more pleasure can be had out of giving than getting. Many a man who has spent money freely in the old days to buy pleasure is finding that he gets more pleasure over here, by the spending of one's self in the service of others.

"A few mouths ago I went out with a fellow Y. M. C. A. secretary to hunt up out-of-the-way detachments of troops. A stable guard here, a machine gun company there, a platoon somewhere else. We carried our goods in an automobile. We had plenty of writing paper and envelopes for free distribution, and chocolate, cookies, chewing tobacco and smoking tobacco, cigarettes, razor bindes, who his caller was. During his life tooth paste and things of that kind for he had had little to do with the ladies saie. American war service workers and wished for less. Merrie rose and were busy everywhere. We found Salheld out her hand. "Judge Graham," vation Army lassics making doughnuts she said sweetly, "I have come on a for the boys and K, of C, secretaries very important mission. I am a rep- giving help. Books furnished by the resentative of the committee which is American Library Association were to

"Hearing firing at a distance, we to ask you to furnish the money to drove down the road and found a buy a pair of curtains for the stage!" score or so of men at machine gun For a second the judge blinked practice. The officer gave the men half an hour recess to buy goods. "At another place we came in sight

of a lieutenant drilling a platoon. I said to the lieutenant: 'How soon be

"And ten seconds later the company was in line waiting to buy goods from our traveling 'Y.' Grateful is no name for it. The men can't do enough to show their gratitude."

Why You Should Give Twice What You Did Before

The government has fixed the sum needed for the care of the men in the service at \$170,500,000. Unless Americans give twice as much as ever before our soldiers. sailors and marines in 1919 may not

> 8,600 recreation buildings 1,000 miles of movie films 100 stage stars 2,000 athletic directors 2,500 libraries supplying 3,000,000 books 85 hostess' houses 15,000 "Big Brother" secretaries Millions of dollars of home comforts

Give to maintain the morale that is winning the war now

Twixt Love and Duty

